

THE "ISMS" COLLABORATIVE AND UC BERKELEY'S SCHOOL OF PUBLIC HEALTH PRESENT:

"DON'T FENCE ME IN"

Understanding the landscape of gender/sexual/racial/cultural identities, the oppressive nature of labels and how we can practice inclusion with clients, colleagues and communities of multiple identities



March 18, 2010

8:30am-5:00pm

Samuel Merritt University, Oakland

Film Showing with Q&A:

Straightlaced

*How Gender's Got Us All
Tied Up*

This documentary by Academy Award winning director Debra Chasnoff features a diverse group of teens and young adults exploring how popular pressures related to gender and sexuality confine American youth.

These students demonstrate how gender role expectations and homophobia are interwoven, illustrating the toll that deeply held stereotypes and rigid gender policing have on all of our lives and how they may impact our multi-generational workplaces.

<http://www.youtube.com/user/GroundSpark#p/u/4/qN5rPAAhSxU>

Panel:

Living in the Borderlands of Multiple/Fluid Identities

*How gender, race, culture,
sexuality and spirituality
intersect and compete & can we
make room for all of who we are at
home, at work and in our
communities?*

- * The many experiences of multiple and/or fluid identities.
- * The impact of labels stereotypes and "fences."
- * Stretching our concepts of identity, practicing an expanded notion of inclusion.

Interactive Workshop:

Taking Off the Mask

*Looking at Our Own Multiple
Identities*
Larry Lee, LCSW, Kaiser SF
Psychiatry

- * In order to survive and preserve self and sanity, how have we learned to cope by wearing masks and developing "false selves?"
- * How can we honor our resilience and strength, reconnect with our true selves, and be compassionate witnesses to heal ourselves and others?

Group Discussion

Taking it back to Work

*What can we do at work to practice
inclusion for multiple/fluid
identities?*

To register please go to: www.regonline.com/dontfencemein

\$105 earlybird (before 2/15)
\$125 standard registration
\$50 for UCB SPH students, faculty & staff

Partial scholarships & information available on
registration site
Breakfast and lunch included